

2024 Summer Camp Descriptions

Sign Ups will begin [online](#) on May 1st – full payment is due at time of registration. Refunds will be given as long as the studio receives the cancellation notice prior to 30 days before camp begins.

Taylor Swift “The Eras” Dance Camp (Ages 6-12)

Level: Beginner/Intermediate

Calling all Swifties! Step into the world of Taylor Swift’s iconic music and style with this summer dance camp inspired by the eras of Taylor’s career. Students will be immersed in the magic of storytelling through movement, where each dance class is a tribute to the diverse chapters of Taylor’s musical journey. Additional activities include friendship bracelets and an epic Eras showcase at the end of the week!

Offered: July 22 – July 26, 2024 (Monday - Friday); 9:00am-2:00pm

Cost: \$350 for Registered MHDC Students

\$375 for Non-Members

Barbie Dance Party (Ages 6-10)

Level: Beginner/Intermediate

After this past summer’s big hit, Barbie is still on our mind! Strut on over to Mile High Dance Center to dance with your besties for two days of dancing fun! Students will be trained in the discipline of jazz and hip hop to some of their favorite songs from the movie. Additional activities include making and posing in a Barbie photo booth and more. Don’t miss this everything-Barbie, everything-girly camp.

Offered: July 15, 17, 19, 2024 (Monday, Wednesday, Friday); 9:30am-12:00pm

Cost: \$125 for Registered MHDC Students

\$150 for Non-Members

Pretty Princess Tea Party Camp (Ages 3-6)

Level: Beginner

Do you have a favorite Princess? Come and spend a few days in a magical adventure dancing and singing to some of your favorite princess songs. Let your child’s imagination run free through creative expression while learning the discipline of ballet. Your dancer will spend time with their favorite princess friends, make princess crowns and magic wands, and prepare for a princess show and tea party at the end of the week!

Offered: July 16 & 18, 2024 (Monday, Wednesday, Friday); 9:30-12:00pm

Cost: \$85 for Registered MHDC Students

\$95 for Non-Members

The Intensive

June 3rd – June 7th, 2024

Is your dancer looking to take their training to the next level? Mile High Dance Center is offering an intensive for our dancers who want to grow and excel this summer! Your dancer will work on skills ranging from flexibility, choreography comprehension, technique, and strength. They will get to dabble in many different genres and styles from our amazing faculty.

The intensive will take place Monday, June 3rd through Friday, June 7th from 9 am - 3pm. All dancers will have a lunch break. Classes will be broken down into three different groups. Placement in these groups will begin during the first Monday of camp from 9:00-9:30am. Cost will be \$385 per dancer.

Sample Schedules Below:

Mini Intensive Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
9 am - 10:30 am Stretch and Strength (RM)	9 - 10:30 Ballet (HS)	9 -9:30 Warm up (RM)	9 - 9:30 Warm up (LS)	9 - 10 Stretch and strength (RM)
10:30 - 11:30 Lyrical (KB)	10:30 - 11:30 Musical theater (RM)	9:30 - 11 Turns and Jumps (KB)	9:30 - 10:30 Jazz (LS)	10 - 11 Acro (SB)
11:30 - 12:30 Lunch and dance history (HS)	11:30 - 12:30 Lunch and goal setting (RM)	11- 12 Lunch (KB)	10:30 - 11:30 Turns and Jumps (RM)	11 - 12 Lunch (RM)
12:30 - 1 warm up (HS)	12:30 - 1 Warm up (HS)	12 - 1 Acro (SB)	11:30 - 12:30 lunch (KB)	12 - 1 Pom (LS)
1 - 2 Jazz (RM)	1-2 Jazz (KB)	1 - 2 improv 101 (RM)	12:30 - 1:30 Lyrical (KB)	1 -2 auditions 101 (KB)
2 - 3 Hip hop combined with Juniors (RM)	2-3 Contemporary (RM)	2 -3 legs and lines (RM) combined Juniors	1:30 - 3 Ballet (JH)	2-3 End of week celebration (LS)

Junior Intensive

Monday	Tuesday	Wednesday	Thursday	Friday
9 - 9:30 warm up (HS)	9 - 9:30 strength (RM)	9 - 9:30 warm up (RM)	9 - 9:30 Warm up with Teens (RM)	9 - 10 stretch and strength (RM/KB)
9:30 - 10:30 lyrical (KB)	9:30 - 10:30 Continue stretch and strength (RM)	9:30 - 11 Strength/ Contemporary (RM)	9:30 - 10:30 Lyrical (KB)	10 - 11 Hip hop (RM)
10:30 - 11:30 Modern (HS)	10:30 - 11:30 (KB) Jazz	11 - 12 lunch	10:30 - 11:30 Jazz (LS)	11 - 12 Acro (SB)
11:30 - 12:30 Jazz (RM)	11:30 - 12:30 Lunch and dance history (HS)	12 - 1 Audition 101 (KB)	11:30 - 12:30 Legs and lines (RM)	12 - 1 lunch
12:30 - 1 Lunch and goal setting	12:30 - 1 Warm up (KB)	1 - 2 Acro (SB)	12:30 - 1:30 lunch	1 - 2 Pom (LS)
1 - 2:15 Turns and Jumps (KB)	1 - 3 Ballet (HS)	2 - 3 Legs and Lines (RM) combined minis	1:30 - 2 Warm up (LS)	2 - 3 (LS) End of week celebration
2:15 - 3 Hip hop combined with mini (RM)			2 - 3 Turns and jumps (LS)	

Teen intensive

Monday	Tuesday	Wednesday	Thursday	Friday
9 - 9:30 warm up (HS)	9 - 9:30 strength (RM)	9 - 9:30 Warm up	9-9:30 warm up with Juniors (RM)	9 - 10 Stretch and strength (RM)
9:30 - 10:30 Modern (HS)	9:30 - 10:30 lyrical (KB)	9:30 - 11 strength and legs/lines (RM)	9:30 - 10:30 Turns and Jumps (RM)	10 - 11 turns and jumps (LS)
10:30 - 11:30 Jazz	10:30 - 11:30 Movement and	11 - 12 improv	10:30 - 11:30	11 - 12 Lyrical (KB)

(RM)	mediation (HS)	101 (RM)	Lyrical (KB)	
11:30 - 12:30 turns and jumps (KB)	11:30 - 12:30 lunch and dance history (HS)	12 - 12:30 lunch (RM)	11:30 - 12:30 Jazz (LS)	12 - 1 Acro (SB)
12:30 - 1 Lunch and goal setting (RM)	12:30 - 1 Warm up/ Stretch (RM)	12:30 -1 warm up (RM)	12:30 - 1:30 Lunch	1 - 1:30 lunch
1 - 3 Ballet / cool down (HS)	1 - 3 Ballet (JH)	1 - 2 Audition 101 (KB)	1:30 - 2 Warm up	1:30 - 2:30 Hip Hop (RM)
		2 - 3 Acro (SB)	2 - 3 Contemp. (RM)	2:30 - 3 Cool down and recap